

MACOMB COUNTY PARENTING RESOURCES



2006

CARE HOUSE
Website: www.mccarehouse.net

Contact:	Bob Schumann 131 Market St. Mt. Clemens, MI 48043	(586) 463-0123 FAX: (586) 783-3515 E-mail: mccarehouse@ameritech.net
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Family Support Services	Support groups for non-offending parents and including crisis intervention, short-term counseling, information on normal childhood sexual behavior, warning signs of abuse, a weekly child activity group, and referrals to community services.	None	(586) 463-0123 Care House
Internet Safety Education	Targeted for parents of middle and high school students, this educational program available to Macomb County schools is designed to prevent physical and sexual abuse of children who use the Internet and online chat room	None	(586) 463-0123 Care House
TARGET AUDIENCE: CHILDREN			
Coordination of child sexual assault	Coordination of the investigation, prosecution and treatment of sexual and severe physical abuse victims including age-appropriate joint forensics interviews (police, Prosecuting Attorney, and Department of Human Services)	None	(586) 463-0123 Care House
Forensic Medical Examinations	Childhood sexual abuse examinations referred by the police, Prosecuting Attorney, or Department of Human Services)	None	(586) 463-0123 Care House
“Bubbylonia Encounter” play about unwanted touch	A play about “good” touch and “bad” touch for elementary-aged students	None	(586) 463-0123 Care House
TARGET AUDIENCE: PROFESSIONALS			
Child Sexual Abuse Prevention Services	Presentations to civic, church, schools and businesses. Training for teachers, church workers, mental health professionals and parent groups.	None	(586) 463-0123 Care House

Updated 9/05

COMMUNITY ASSESSMENT REFERRAL EDUCATION (CARE)

Website: www.careofmacomb.com

Contact:	Jeanne Rioux CARE 31900 Utica Rd. Fraser, MI 48026	(586) 541-0033 ext. 228 FAX: (586) 541-0034 E-mail: jrioux@careofmacomb.com
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Anger Management for Adults	An eight week education series covering the topics relating to anger management.	Call for the class fee and schedule	(586) 541-0033 or see website
Children in the Middle: Divorce Education for Parents and Children aged 3 - 16	A six week/hour and a half parent/child education class focusing on reducing children's risk for post-divorce stress by addressing the loyalty conflicts experienced by children by children. Ideas on parent-child bonding, parental cooperation and personal responsibility anger management and communication skills are addressed.	Call for the class fee and schedule.	(586) 541-0033 or see website
Exploring Relationships	An eight week/two-hour parent education class for couples who want to explore their couple/family relationships and develop healthier communication skills.	Call for the class fee and schedule. The required book may be purchased the first night of the class.	(586) 541-0033 or see website

Next STEP	An eight week/two-hour parent education class that looks deeper into issues of self-esteem, lifestyle, and beliefs that impact parenting and stress as it affects family decision making. Parents must have attended a STEP class before taking this class.	Call for the class fee and schedule. The required book may be purchased the first night of the class.	(586) 541-0033 or see website
Parenting Conference	A one-day parenting conference offering parenting tips and techniques.	Call for date, location and fee	(586) 541-0033 or see website
Parent Education Presentations	<ul style="list-style-type: none"> • Are You a Good Parent or a Responsible Parent? • Building a Better Relationship with My Child • Empowering Your Teenager • Fostering Resilience in Our Children • How Can My Child and I Solve Problems Together? • How to Help Your Child be Successful • How to Gain Cooperation from Our Children • Identifying 4 Goals of Misbehavior/Positive Goals • Increase Cooperation within the Family • Punishment vs. Discipline • Ways to Get Children to Open Up and Communicate with Us • <i>Other topics, as requested</i> 	One time presentation is free	(586) 541-0033 or see website
Parenting Newsletter	A bi-monthly newsletter for parents concerned with raising responsible, independent children.	Available on the CARE website	(586) 541-0033 or see website

	<p>Parenting Young Children</p>	<p>An eight week/two-hour parent education class designed for parents of children under age 6 which focuses on temperament, stage of development, expectations, and age appropriate behavior.</p>	<p>Call for the class fee and schedule. The required book <u>Parenting Young Children</u> is available at local bookstores. <i>The fee is waived if the parents have an active Medicaid card in their name.</i></p>
<p>Single Parent STEP</p>	<p>An eight week/two-hour parent education class addressing support systems, custody, and discipline in two different households.</p>	<p>Call for the class fee and schedule. The required book <u>The Parents Handbook</u> is available at local bookstores. <i>The fee is waived if the parents have an active Medicaid card in their name.</i></p>	<p>(586) 541-0033 or see website</p>

<p>STEP for School-aged Children</p>	<p>An eight week/two-hour parent education class designed for parents of aged 6 - 12 which focuses on homework, bedtime routines, chores and sibling conflict.</p>	<p>Call for the class fee and schedule. The required book <u>The Parents Handbook</u> by Dinkmeyer and McKay is available at local bookstores. <i>The fee is waived if the parents have an active Medicaid card in their name</i></p>	<p>(586) 541-0033 or see website</p>
<p>STEP Teenagers</p>	<p>An eight week/two-hour parent education class designed for parents of teenagers which focuses on independence, communication, and peer pressure.</p>	<p>Call for the class fee and schedule. The required book <u>Parenting Teenagers</u> is available at local bookstores. <i>The fee is waived if the parents have an active Medicaid card in their name</i></p>	<p>(586) 541-0033 or see website</p>
<p>Strengthening Your Stepfamily</p>	<p>An eight week/two-hour parent education class designed for blended families and focusing on sibling rivalry, visitation, and realistic expectations.</p>	<p>Call for the class fee and schedule. The required book may be purchased the first night of the class.</p>	<p>(586) 541-0033 or see website</p>
<p>Substance Abuse Disorders Presentations</p>	<p>Discussions on current drug trends and mentoring drug-free youth.</p>	<p>Free</p>	<p>(586) 541-0033 or see website</p>

TARGET AUDIENCE: CHILDREN

Anger Management for Adolescents aged 9 - 18	A six-week education series for youth experiencing difficulties due to their inability to manage their anger.	Call for dates, location and fee.	(586) 541-0033 or see website
Children's Summer Program	A free eight-day/four days a week program (Monday - Thursday) for children growing up in a home where there is alcohol or other drug abuse, mental illness or other family stress.	Call for locations.	(586) 541-0033 or see website
Paper People Program	A trained volunteer presents 8 thirty-minute sessions to four and five-year-old children. Songs and activities are used to convey the program messages about being safe and healthy: <ul style="list-style-type: none"> • Caring about yourself and others • What helps your body grow and work; what doesn't • Rules for children about medicine and alcohol • Expressing feelings in a safe and kind way • How and who to ask for help 	Call for fees	(586) 541-0033 or see website
		Call for fees	
Project FOCUS (Families Overcoming Crisis & Understanding Strengths)	An expansion of CARE Children's Summer Camp, this fourteen-week/once a week program seeks to help children and their parents understand family alcohol and other drug abuse, recognize that they did not cause it and cannot cure it as well as assist them in developing resiliency factors that will help them cope with living in a high stress family.	Free	(586) 541-0033 or see website

TARGET AUDIENCE: PROFESSIONALS

<p>Substance Abuse Disorders Presentations</p>	<p>Developmentally appropriate discussions of medicines and how to stay safe, choices and consequences regarding tobacco and alcohol use, refusal skills, peer pressure, dynamics of addiction and chemical dependency in the family.</p>	<p>Free</p>	<p>(586) 541-0033 or see website</p>
<p>Prenatal Alcohol and Drug Exposure presentations</p>	<ul style="list-style-type: none"> • FASD Parent Liaison available • Fetal Alcohol Spectrum Disorder • Prenatal Drug Exposure, effects on the fetus and on the newborn 	<p>None</p>	<p>(586) 541-0033 or see website</p>

Updated 9/05

DEPARTMENT OF HUMAN SERVICES (DHS)

Website: www.michigan.gov/dhs

Contact:	Yvonne Brock Dept. of Human Services 21885 Dunham Clinton Twp., MI 48036	(586) 469-6720 FAX: (586) 469- E-mail: brocky@michigan.gov
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Child Day Care Assistance	Payments for child day care services for qualifying families when the parent, legal guardian or substitute parent is unavailable because of because of employment, education and/or health/social condition for which treatment is being received.	N/A	(586) 469-7700 Mt. Clemens District (586) 254-1500 Sterling Heights District (586) 427-0600 Warren District
Cash assistance (FIP)	Cash assistance to women who meet eligibility criteria. Participating with the Work First program may be a requirement.	N/A	(586) 469-7700 Mt. Clemens District (586) 254-1500 Sterling Heights District (586) 427-0600 Warren District
Emergency Services	<p><u>Heat and utilities:</u> Financial assistance to low-income families who meet eligibility requirements when heating or electrical service has been or will be shut off.</p> <p><u>Home repairs:</u> Assistance to eligible families with home repairs to correct unsafe conditions and restore essential services. (e.g., broken furnaces, water heaters, septic tanks)</p> <p><u>Relocation Assistance:</u> provides money for rent, evictions, security deposits, and moving expenses for individuals and families. Specific eligibility requirements must be considered and varies with each case.</p>	N/A	(586) 469-7700 Mt. Clemens District (586) 254-1500 Sterling Heights District (586) 427-0600 Warren District

Updated 9/05

Employment	Referrals to support services for individuals in seeking, gaining and maintaining employment for adults with children currently receiving Medicaid, DHS assistance, Child Day Care assistance and/or Food Assistance may be eligible.	N/A	(586) 469-7702 Michigan Works! Mt. Clemens (586) 263-1501 Michigan Works! Clinton Twp (586) 447-9200 Michigan Works! Roseville, MI
Food Assistance	Benefits to purchase food from families and adults who meet the income and asset guidelines.	N/A	(586) 469-7700 Mt. Clemens District (586) 254-1500 Sterling Heights District (586) 427-0600 Warren District
Medical Services	<p><u>Medicaid</u> health coverage for individuals and families who meet certain eligibility criteria. Specific coverage varies depending on the program and the applicant's citizenship status. Income and assets are considered.</p> <p><u>Healthy Kids</u> is for low-income children (under age 19) and pregnant women, including vision, dental, and mental health services.</p> <p><u>Special Disabled Children</u> is for children receiving SSI benefits if the child meets the disability definition and criteria.</p>	N/A	(586) 469-7700 Mt. Clemens District (586) 254-1500 Sterling Heights District (586) 427-0600 Warren District
Prevention Services	Help with money problems, a difficult child, anger, isolation, trouble coping, etc.	N/A	(586) 469-7700 Mt. Clemens District (586) 254-1500 Sterling Heights District (586) 759-5096 Warren District
Speaker on how to navigate the DHS system	Write a letter stating the topic for which your group would like a speaker. Address the correspondence to Linda Girolomo, DHS Program Manager, 19700 Hall Road, Suite A, Clinton Twp., MI 48038	N/A	(586) 412-6115 Linda Girolomo

HEALTH DEPARTMENT
Website: www.macombcountymi.gov

Contact:	Joan Zech Health Dept. 43525 Elizabeth Road Mt. Clemens, MI 48043	(586) 469-5523 FAX: (586) 469-5885 E-mail: joan.zech@macombcountymi.gov
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Breast and cervical cancer screening	Breast and cervical cancer screening services, education and referrals for low-income Macomb County women aged 40 or older who are under insured or have no insurance.	None	(586) 412-3384 Knollwood Office
Child Passenger Safety	Free car seat inspections and information on child passenger safety.	None	(586) 412-3398
Dental services for low-income families	Preventive and restorative dental services for low-income children and adults in Macomb County. Dental services are only available at the <u>Warren</u> Health Department office	Financial eligibility requirements	(586) 573-2096 Dental Clinic
Family Planning	Reproductive health counseling, counseling and information about contraceptive methods and management, including abstinence. Pregnancy testing, pelvic and breast exams and birth control methods/supplies. Evening and early morning appointments are available.	Sliding scale	(586) 469-5491

Health Education presentations	Presentations to schools, community and professional groups on a variety of health topics; organize and assist in community health awareness events; and provides health resource materials. Topics include safety, nutrition, parenting tips, etc.	None	(586) 412-3399 Knollwood Office
Hearing and vision screening	Hearing and vision screenings, referrals and follow-up for preschool and school-aged children in cooperation with Macomb County school districts and child care centers.	None	(586) 412-5945 Knollwood Office
Immunizations	Vaccines are available, on a walk-in basis, to protect children and adults from vaccine-preventable diseases.	Varies on vaccine costs and administration fees.	(586) 469-5372 Mt. Clemens (586) 466-6800 St. Clair Shores (586) 573-2090 Warren
Information on lead and follow up on children with elevated levels	Toxicologist and public health nurse to do follow-up on lead burdened children aged 0 - 6.	None	(586) 469-5520 Nursing Department, Mt. Clemens or (586) 469-5236 Environmental Health Office, Mt. Clemens

	Information on water, food, sewer/septic/wells	Go to the health department website: www.co.macomb.mi.us/publichealth	None
Mercury thermometer exchange	A digital thermometer is exchanged for each mercury thermometer turned in to the Health Department	None	Environmental Health Offices: (586) 469-5236 Mt. Clemens (586) 573-2240 Warren
Nursing services	Public health nursing is available to individuals and families throughout Macomb County, including nutrition, parenting, prenatal care, infant nursing and postpartum care. Also available: A phone duty nurse is available at all Health Department sites during normal business hours to answer general questions.	None	(586) 469-5520 Mt. Clemens (586) 466-6800 St. Clair Shores (586) 573-2210 Warren

Nutrition education	Nutrition consultations and educational presentations to individuals, health professionals and community groups.	None	(586) 412-3396 Health Department - Knollwood Office
Public Health Nurse visits to high-risk women and children	Home-based services to high-risk pregnant women and their families by Maternal and Child Health Nurses.	None	(586) 469-5520 Mt. Clemens (586) 466-6800 St. Clair Shores (586) 573-2210 Warren
Radon kits	Do-it-yourself Radon Detection Kits available	None	(586) 469-5236 Environmental Health Office, Mt. Clemens (586) 573-2240 Warren
Sexually-Transmitted Diseases (STD)	Confidential STD testing, counseling, education, treatment.	None	(586) 573-2090 Warren
Tuberculosis	Tuberculosis screening, diagnosis, treatment and follow-up for residents of the County.	None	(586) 469-5421 Mt. Clemens

Well Water purity	Well water sample collection and analysis.	Fees vary.	(586) 469-5236 Health Department Environmental Health office, Mt. Clemens
WIC Supplemental Food Program	Vouchers for free nutritious foods and infant formulas. Nutrition education and counseling services, health screening, onsite immunizations and referral services for families at 185% of federal poverty guidelines or babies (0 - 5) with nutritional needs.	None	(586) 469-5471 Health Dept. - WIC office, VerKuilen Bldg., Clinton Township
TARGET AUDIENCE: CHILDREN			
Children's Health Fair	An annual family event featuring health, education and human service agencies providing health screenings, information, displays and fun at Macomb Community College, Warren Campus on the last Saturday in October.	Fees for immunization services only	(586) 469-2210 Mt. Clemens
Children's Special Health Care Services	Assists families with medical treatment and costs for children with special medical conditions. Includes payments for speciality care, newborn testing, genetic counseling and others. Conditions include, but are not limited to, amputations, birth defects, cerebral palsy, etc.	Assessed individually	(586) 466-6855 St. Clair Shores

Updated 10/05

MACOMB COUNTY COMMUNITY MENTAL HEALTH (MCCMH)
 Website: macombcountymi.gov/communitymentalhealth/index.asp

Contact:	Mary Plunkett FIRST North 43740 Groesbeck Clinton Twp., MI 48036	(586) 469-7629 FAX: (586) 469-7662 E-mail: mary.plunkett@mccmh.net
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Community Education	On-site presentations to community groups on suicide prevention, sexual assault prevention and mental health services in Macomb County.	Free	(576) 307-9100 Macomb County Crisis Center
Educational series about mental illness	"Facts for Families" is an opportunity to learn about the potential impact of mental illness of family members and others through structured presentations and open discussion between participants. This program is offered regularly at CMH FIRST Southwest, 3701 Thirteen Mile Road, Warren.	Free	(586) 274-0200
Infant Mental Health Services	An in-home parent support program for low income pregnant moms or females with a baby under 18 months of age who live in Macomb County and who have little or no emotional support.	Insurances or ability to pay	(586) 466-6912 Ask for Pam Pitlanish
Mental Health Assessment and Treatment	Mental Health Assessment Services are available for persons with chronic and persistent mental health problems. Services include: assessment of the problem, insurance, and referrals to an appropriate agency, based on needed level of care, type of insurance and location of service.	Based on ability to pay	(586) 948-0222 CMH Access Center
Survivors of Suicide Support Group	A peer support group for family and friends of persons who have died by suicide is available to aid the healing process after a suicide by providing information and resources and by allowing members to share their feelings in a non-judgmental, confidential setting.	Free	(576) 307-9100
TARGET AUDIENCE: CHILDREN			
Mental Health Assessment and Treatment	Mental Health Assessment Services are available for youth through Macomb County Community Mental Health* - outpatient sites. Services include: assessment of the problem, insurance, and referrals to an appropriate agency, based on needed level of care, type of insurance and location of service.	Insurances and sliding scale	(586) 948-0222

TARGET AUDIENCE: PROFESSIONALS

Child Care Expulsion Prevention	A consultant who works with families and day care providers to successfully nurture the social and emotional development of children ages 0-5 in licensed child care programs is available to provide educational and mental health services which support early childhood programs that are experiencing behavioral and emotional challenges with children in their programs. These concerns may often put children at risk for expulsion. Its aims are to reduce expulsions and nurture the social/emotional development of children.	Free	(586) 466-6912 Ask for Pam Pitlanish
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Updated 9/05

MACOMB COUNTY COMMUNITY SERVICES AGENCY

Website: None

Contact:	Blanche Micallef MCCSA 21885 Dunham Clinton Township, MI 48036	(586) 469-7209 FAX: 469-5530 E-mail: blanche.micallef@macombcountymi.gov
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Emergency assistance and referrals for low-income families and individuals in need.	<p>MCCSA's three Community Action Centers are the intake points for a variety of emergency services. The Action Centers provide emergency assistance and referrals for low-income families and individuals in need.</p> <p>Services include:</p> <ul style="list-style-type: none"> • Emergency assistance with rent and utilities • Holiday assistance • Commodity food • Energy programs and education • Registration for MCCSA's programs. 		<p><u>North:</u> (For residents living north of 23 Mile Road) (586) 749-5146</p> <p><u>Central:</u> (586) 469-6964 (For residents living north of 14 Mile Road and South of 23 Mile Road, also including St. Clair Shores)</p> <p><u>South:</u> (586) 759-9150 (For residents living south of 14 Mile Road)</p>
Food	A network of neighborhood food pantries provides emergency food boxes to those in need.		(586) 469-6004
Money for a down payment on a house of for college	The Individual Development Account (IDA) Program and the American Dream Down payment Initiative provides eligible Macomb County eligible families and individuals with an opportunity to build resources and education toward the goal of purchasing their first home in Macomb County. The savings account is used for the down payment and closing costs on the purchase of their first home. Upon completion of the program, participants will have the funds to purchase a home and continue to have access to a MCCSA case manager for assistance and referrals.	Participants in the program make monthly contributions to a savings account and MCCSA matches these contributions.	(586) 469-7378
Transportation	Macomb County residents meeting eligibility guidelines have an opportunity to obtain rides to physician visits, Community Action Centers, and other specific locations. The vehicles are equipped with hydraulic lifts which allow frail or handicapped people to be transported in their wheelchairs.		(586) 469-5225

Vocational training as a Commercial Driver	The Commercial Drivers License (CDL) Program is a four-week condensed vocational training opportunity. The MCCSA CDL training program prepares students for a career in transportation, specifically truck and bus driving. Once the course is complete, students will obtain a CDL-B license.		(586) 469-7998
Weatherization	Help eligible families and individuals stay warm and safe in their homes. Weatherization devices are installed after an audit of the whole house is completed and the best energy-saving devices are determined. Installation of energy efficient measures such as weather stripping, caulking, and insulation help lower home heating costs. Improvements can save up to 30% on heat and utility bills, making the property more affordable to the owner. Landlords and renters may participate in the program.		(586) 469-6329
TARGET AUDIENCE: CHILDREN			
Head Start	Head Start is a free preschool program for three and four year old children from income eligible families. Head Start is focused on the overall goal providing quality school readiness services and supporting healthy development in low-income children while also addressing the needs of the family. The program addresses a range of areas including education, early childhood development, physical and dental health, nutrition, family assistance, and parent involvement. Head Start accepts applications year round.	None	(586) 469-5215

MACOMB FAMILY SERVICES
 Website: www.mfsonline.org

Contact:	Nancy Jenuwine Macomb Family Services 124 W. Gates Romeo, MI 48065	(586) 752-9696 ext. 210 FAX: (586) 752-9157 E-mail: njenuwine@mfsonline.org
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Parenting Classes for Parents of 4 - 6 graders	<i>"Guiding Good Choices"</i> is a parenting program that focuses on improving the necessary skills to be a successful parent of children in grades 4 - 6.	Call for fee.	(586) 752-9696 ext. 210 Nancy Jenuwine
Parenting classes for toddlers, young children, adolescents	<i>"Nurturing Parent Program"</i> is a six week class focusing on communication, discipline, and basic parenting skills.	Call for fee.	(586) 752-9696 ext. 210 Nancy Jenuwine

Updated 9/05

MACOMB INTERMEDIATE SCHOOL DISTRICT
Website: www.misd.net

Contacts:	Anne M. Dallaire MISD/Early On 44001 Garfield Clinton Twp., MI 48038	(586) 228-3331 FAX: (586) 263-6240 E-mail: adallaire@misd.net
	Stacy Packwood MISD 44001 Garfield Clinton Twp., MI 48038	(586) 228-3300 FAX: (586) 286-8998 E-mail: spackwood@misd.net
	Sue Javid MISD 44001 Garfield Clinton Twp., MI 48038	(586) 228-3480 FAX: (586) 286-2809 E-mail: sjavid@misd.net

PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Finding children with special needs	Project Find works to find children with special needs/developmental delays and helps to connect families with evaluations and educational services.	None	(586) 228-3463 Stacy Packwood
Great Parents Macomb (866) 4MACOMB	Parent Education and Information via telephone	None	(866) 4MACOMB or Sue Javid at (586) 228-3480
Services and supports for children with special needs	<i>Early On</i> [®] is a system of services and supports for children with special needs aged birth to age three, including evaluations and service coordination by the MISD and other community agencies.	None	(586) 228-3331 Anne Dallaire
Special education services	Macomb Infant Preschool Program (MIPP) provides special education services for children birth to age three based on educational evaluation criteria.	None	(586) 228-3463 Stacy Packwood

Updated 9/05

MSU EXTENSION
Website: www.msue.msu.edu/macomb

Contact:	Su Porter MSUE 21885 Dunham Clinton Twp., MI 48036	(586) 469-7609 FAX: (586) 469-6948 E-mail: portersu@msue.edu
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Alternatives to Anger series	A four-part series offered which includes recognizing what's going on so we can begin to break the cycle, anger from us toward others, anger directed at us and how to handle it; and communication skills.	No fee for class <i>Optional workbook: Rethink for Parents</i>	(586) 469-6430 Su Porter
Baby Signs presentation	One session introducing the subject that children can communicate before they can talk by signing. Information and a short video are presented.	None	(586) 469-6430 Su Porter
Building Strong Adolescents	A six-part series for parenting teenagers or soon-to-be teenagers. Topics include brain development, teen assets for positive adulthood, setting limits and consequences, building self esteem, fostering independence, school success, and talking about difficult subjects.	None	(586) 469-6430 Su Porter
Building Strong Families program	A home-based program designed for parents of limited resources and/or limited literacy with children from birth to age 5 and teaching how kids develop, helping kids behave, playing to learn, immunizations, and setting goals.	None	(586) 469-6430 Su Porter
Home Maintenance and Repair Workshop	This four-part series for renters and homeowners with little home repair experience, but want to learn basic skills. The emphasis is on identifying potential trouble spots and doing routine home maintenance and repairs before costly problems develop and when to hire a contractor.	None	(586) 469-6031 Anne Lilla or CherylN Krysiak
"How to Talk so Kids Will Listen, and Listen so Kids will Talk" presentation	A four-part series including recognizing feelings; getting cooperation; alternatives to punishment; encouraging independent thought and problem solving; effective praise and freeing kids from living what they've been labeled.	<i>Optional workbook: \$7.00</i>	(586) 469-6430 Su Porter
In-home nutrition program	In-home or small group instruction for limited income families and senior citizens on nutrition, food buying and preparation skills, meal planning and budgeting	None	(586) 469-6432 Eileen Haraminac
Money Management Program/Home Ownership	A two-part series (2½ hours) featuring a real estate agent, lawyer, banker and inspector as guest speakers. Consumer protection and saving money are covered along with practical information about house hunting, home inspection, purchase offers, mortgages, down payments and closing.	None	(586) 469-6031 Anne Lilla or CherylN Krysiak
	A seven-part series covering goal setting, budgeting, using credit wisely, saving and investing, protecting assets and organizing documents.	None	(586) 469-6031 Anne Lilla or CherylN Krysiak
	Housing Information is available about finding low cost apartments, landlord-tenant disputes, evictions, reverse mortgages and foreclosures and more.	None	(586) 469-6031 Anne Lilla or CherylN Krysiak

	A two-hour seminar helps people move from renting to owning a home, including how to get a mortgage with a low-income.	None	(586) 469-6031 Anne Lilla or Cheryln Krysiak
Parent Newsletters	<p><i>"Parenting Views"</i> newsletter provides parenting tips and information on a variety of parenting concerns. For a mailed copy, call (586) 469-5180.</p> <p><i>"Healthy Bites"</i> newsletter provides nutrition and food tips for families, including recipes, label reading tips and more. For a mailed copy, call (586) 469-6432.</p>	None	Available online at: www. macombcountymi. gov/msuextension
PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: CHILDREN			
Referrals to child care	Referrals to registered and/or licenced child care.	None	(586) 469-6993 Coordinated Community Child Care

Updated 9/05

ST. JOHN HEALTH
Website: realmedicine.org

Contact:	Linda O’Leary St. John Health 28000 Dequindre Warren, MI 48092	(586) 753-1486 FAX: (586) 753-1488 E-mail: linda.oleary@stjohn.org
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PROGRAM	DESCRIPTION	FEE	CONTACT
TARGET AUDIENCE: PARENTS			
Behavioral Health Resources	Access to a wide range of hospital-based and community-based social services.	Insurance or private pay	(888) 440-REAL
Community Calendar	A list of CPR classes, health classes, pregnancy classes, support groups.	Nominal fee	(888) 440-REAL Contact: St. John Health Connect
Medical Clinic	St. John Community Health Medical Clinic 3000 Gratiot Detroit, MI 48207 (Nurse Practitioners, mobile Dentists, low cost prescription center, emergency services through St. John Detroit - Riverview)	Sliding scale	(313) 567-7462
Nutritionist	<ul style="list-style-type: none"> • Topics vary • Private Consultation • Diabetic classes 	<ul style="list-style-type: none"> • Nominal fee for consultation • Insurance 	(888) 440-REAL
Pediatric Rehabilitation Service	Outpatient pediatric rehabilitation services using any combination of the following three therapies: physical therapy, occupational therapy and speech and language therapy.	Insurance	(586) 466-5234 St. John North Shores
Physician Referral	Referrals to physicians including office location, hours, insurance, and the doctor’s background and experience.	None	(888) 440-REAL
Talk of the Town	A thematic small group therapy program led by a certified Speech/Language Pathologist with Pediatric Physical and Occupational Therapists.	\$50.00	(586) 466-5234 St. John North Shores