

Macomb Intermediate School District

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SECONDARY SKILLSTREAMING CHECKLIST

Student: _____ Class: _____

Date: _____ Teacher: _____

Listed below you will find a number of skills that students are more or less proficient in using. This checklist will help you evaluate how well each student uses the various skills. You can then use this information in grouping trainees into Structured Learning class. The information can also be used to decide which skills to teach to a given group of students. For each student, rate his or her use of each skill, based on your observations or his or her behavior in various situations.

- Circle 1 if the student is **never** good at using the skill.
- Circle 2 if the student is **seldom** good at using the skill.
- Circle 3 if the student is **sometimes** good at using the skill.
- Circle 4 if the student is **often** good at using the skill.
- Circle 5 if the student is **always** good at using the skill.

Please rate the student on all skills listed. If you know of a situation in which the student has particular difficulty in using the skill well, please note it briefly in the space marked "Problem situation."

	Never	Seldom	Sometimes	Often	Always
1. Listening: Does the student pay attention to someone who is talking and make an effort to understand what is being said? Problem situation: _____	1	2	3	4	5
2. Starting a Conversation: Does the student talk to others about light topics and then lead into more serious topics? Problem situation: _____	1	2	3	4	5
3. Having a Conversation: Does the student talk to others about things of interest to both of them? Problem situation: _____	1	2	3	4	5
4. Asking a Question: Does the student decide what information is needed and ask the right person for that information? Problem situation: _____	1	2	3	4	5
5. Saying Thank You: Does the student let others know that he/she is grateful for favors, etc.? Problem situation: _____	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
6. Introducing Yourself: Does the student become acquainted with new people on his/her own initiative? Problem situation: _____	1	2	3	4	5
7. Introducing Other People: Does the student become acquainted with one another? Problem situation: _____	1	2	3	4	5
8. Giving a Compliment: Does the student tell others that he/she likes something about them or their activities? Problem situation: _____	1	2	3	4	5
9. Asking for Help: Does the student request assistance when he/she is having difficulty? Problem situation: _____	1	2	3	4	5
10. Joining In: Does the student decide on the best way to become part of an ongoing activity or group? Problem situation: _____	1	2	3	4	5
11. Giving Instructions: Does the student clearly explain to others how they are to do a specific task? Problem situation: _____	1	2	3	4	5
12. Following Instructions: Does the student pay attention to instructions, give his/her reactions, and carry the ? instructions out adequately? Problem situation: _____	1	2	3	4	5
13. Apologizing: Does the student tell others that he/she is sorry after doing something wrong? Problem situation: _____	1	2	3	4	5
14. Convincing Others: Does the student attempt to persuade others that his/her ideas are better and will be more useful than those of the other person? Problem situation: _____	1	2	3	4	5
15. Knowing Your Feelings: Does the student try to recognize which emotions he/she is feeling? Problem situation: _____	1	2	3	4	5
16. Expressing Your Feelings: Des the student let others know which emotions he/she is feeling? Problem situation: _____	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
17. Understanding the Feelings of Others: Does the student try to figure out what other people are feeling? Problem situation: _____	1	2	3	4	5
18. Dealing with Someone Else's Anger: Does the student try and understand other people's angry feelings? Problem situation: _____	1	2	3	4	5
19. Expressing Affection: Does the student let others know that he/she cares about them? Problem situation: _____	1	2	3	4	5
20. Dealing with Fear: Does the student figure out why he/she is afraid and do something to reduce the fear? Problem situation: _____	1	2	3	4	5
21. Rewarding Yourself: Does the student say and do nice things for himself/herself when the reward is deserved? Problem situation: _____	1	2	3	4	5
22. Asking Permission: Does the student figure out when permission is needed to do something, and then ask the right person for permission? Problem situation: _____	1	2	3	4	5
23. Sharing Something: Does the student offer to share what he/she has with others who might appreciate it? Problem situation: _____	1	2	3	4	5
24. Helping Others: Does the student give assistance to others who might need or want help? Problem situation: _____	1	2	3	4	5
25. Expressing Affection: Does the student let others know that he/she cares about them? Problem situation: _____	1	2	3	4	5
26. Using Self-Control: Does the student control his/her temper so that things do not get out of hand? Problem situation: _____	1	2	3	4	5
27. Standing Up for Your Rights: Does the student assert his/her rights by letting people know where he stands on an issue? Problem situation: _____	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
28. Responding to Teasing: Does the student deal with being teased by others in ways that allow him/her to remain in control of himself/herself? Problem situation: _____	1	2	3	4	5
29. Avoiding Trouble with Others: Does the student stay figure out ways other than fighting to handle difficult situations? Problem situation: _____	1	2	3	4	5
30. Keeping Out of Fights: Does the student figure out ways other than fighting to handle difficult situations? Problem situation: _____	1	2	3	4	5
31. Making a Complaint: Does the student tell others when they are responsible for creating a particular problem for him/her, and then attempt to find a solution for the problem? Problem situation: _____	1	2	3	4	5
32. Answering a Complaint: Does the student assert try to arrive at a fair solution to someone's justified complaint? Problem situation: _____	1	2	3	4	5
33. Sportsmanship After the Game: Does the student express an honest compliment to others about how they played a game? Problem situation: _____	1	2	3	4	5
34. Dealing with Embarrassment: Does the student do things that help him/her feel less embarrassed or self-conscious? Problem situation: _____	1	2	3	4	5
35. Dealing with Being Left Out: Does the student decide whether he/she has been left out of some activity, and then do things to feel better about the situation? Problem situation: _____	1	2	3	4	5
36. Standing Up for a Friend: Does the student let other people know when a friend has not been treated fairly? Problem situation: _____	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
37. Responding to Persuasion: Does the student carefully consider the position of another person, comparing it to his/her own, before deciding what to do? Problem situation: _____	1	2	3	4	5
38. Responding to Failure: Does the student figure out the reason for failing in a particular situation and what he/she can do about it in order to be more successful in the future? Problem situation: _____	1	2	3	4	5
39. Dealing with Contradictory Messages: Does the student recognize and deal with the confusion that result when others tell him/her one thing but say or do things that indicate that they mean something else? Problem situation: _____	1	2	3	4	5
40. Dealing with an Accusation: Does the student figure out what he/she has been accused of and why, and then decide on the best way to deal with the person who made the accusation? Problem situation: _____	1	2	3	4	5
41. Getting Ready for a Difficult Conversation: Does the student plan on the best way to present his/her point of view prior to a stressful conversation? Problem situation: _____	1	2	3	4	5
42. Dealing with Group Pressure: Does the student decide what he/she wants to do when others want him/her to do something else? Problem situation: _____	1	2	3	4	5
43. Deciding on Something to Do: Does the student deal with feeling bored by starting an interesting activity? Problem situation: _____	1	2	3	4	5
44. Deciding What Caused a Problem: Does the student find out whether an event was caused by something that was within his/her control? Problem situation: _____	1	2	3	4	5
45. Setting a Goal: Does the student realistically decide on what he/she can accomplish prior to starting a task? Problem situation: _____	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
46. Deciding on Your Abilities: Does the student realistically figure out how well he/she might do at a particular task? Problem situation: _____	1	2	3	4	5
47. Gathering Information: Does the student decide what he/she needs to know and how to get that information? Problem situation: _____	1	2	3	4	5
48. Arranging Problems by Importance: Does the student decide realistically which of a number of problems is most important and should be dealt with first? Problem situation: _____	1	2	3	4	5
49. Making a Decision: Does the student consider possibilities and make choices which he/she feels will be best? Problem situation: _____	1	2	3	4	5
50. Concentrating on a Task: Does the student make those preparations that will help him/her get a job done? Problem situation: _____	1	2	3	4	5