

A Nourished Student is a Learning Student!

EACH DAY COLD OPTIONS ARE OFFERED
TURKEY CHEF SALAD, VEGGIE CHEF SALAD, OR HAM CHEF SALAD
TURKEY & CHEESE SUB OR HAM & CHEESE SUB
ASSORTED FRUITS AND FRESH VEGETABLES OFFERED DAILY

This institution is an equal opportunity provider.

Sun Mon

Tue

Wed

Thu

Fri

Sat



5
Mozzarella Cheese Topped Breadstick
Marinara Sauce
Seasoned Peas
Fruited Jello
Graham Cracker

6
Whole Grain Cheese Ravioli
Seasoned Broccoli
Whole Grain Garlic Twiz Stick
Mixed Fruit Cup
Grape Juice

7 **Chinese New Year Lunch**
Chicken Teriyaki Dumplings
Whole Grain Fried Rice
Far East Vegetable Blend
Mandarin Oranges
Fresh Banana
Dinner Roll

8
Sloppy Joes
on a Whole Wheat Bun
Edamame Corn Salad
Green Beans
Diced Peaches
Whole Grain Scooby Snacks

9
Hungry Howie's Pepperoni Pizza
Tossed Salad w/ Ranch
Apple Slices
Baby Carrots
Cheddar Cheese Stick
Fruit Punch

12
Whole Grain Mini Chicken Corn Dogs
Ketchup & Mustard
Potato Smiles
Corn & Carrots
Applesauce Mousse

13
Whole Grain Macaroni & Cheese
Whole Grain Dinner Roll
Seasoned Broccoli
Mixed Fruit

14
Beef Dippers
2 Whole Grain Rolls
Mixed Vegetables w/ Michigan Asparagus
Whipped Sweet Potatoes
Strawberry Kiwi 100% Juice
Fresh Banana

15
Whole Grain Chicken Patty on Whole Grain Bun
BBQ Sauce Packet
Dill Seasoned Carrots
Vegetarian Baked Beans
Diced Peaches

16
Hungry Howie's Pepperoni Pizza
Tossed Salad w/ Ranch
Apple Slices
Cherry Tomatoes
Cheddar Cheese Stick
Fruit Punch



**19 & 20
Winter Break
No School**

21
Chicken Tenders
BBQ Sauce Packet
Whole Grain Dinner Roll
Seasoned Broccoli
Seasoned Corn
Diced Pears
Fresh Banana

22
Mini Whole Grain Cheese Quesadillas
Refried Beans
Salsa
Diced Peaches

23
Hungry Howie's Pepperoni Pizza
Tossed Salad w/ Ranch
Apple Slices
Mango Wango Juice
Cheddar Cheese Stick
Second Bag of Apples

26
Hamburger on Whole Grain Bun
Peas & **Carrots**
Vegetarian Baked Beans
Ketchup & Mustard
Michigan Blueberry Parfait
Graham Cracker

27
Whole Grain Eggoji Waffles
Egg & Cheese Omelet
Hash Brown Rounds
Orange Juice
Baby Carrots w/ Ranch
Pineapple Tidbits

28
Chicken Parmesan
Whole Grain Dinner Roll
Seasoned Broccoli
Warm Spiced Apples
Fresh Banana

29
Swedish Meatballs Served with **Mashed Potatoes** & Gravy
Seasoned Green Beans
Mixed Fruit
Whole Grain Garlic Twiz Stick
Whole Grain Scooby Snacks

CHOICE of MILK INCLUDED WITH LUNCH

IMPORTANT!

Due to nationwide food shortages and supply chain issues, menus are subject to change depending on availability.



School closings due to inclement weather cause a change in the lunch menu. Please note that on the day of return, the snow day's menu will be used.