

A Nourished Student is a Learning Student!

This institution is an equal opportunity provider.

Su | **Mon**



6

Inside out Burger
on a Whole Wheat Bun
Ketchup and Mustard
Seasoned Broccoli
Marinated Chickpea Salad
Diced Pear Cup

13

BBQ Chicken
on a Whole Wheat Bun
Seasoned Broccoli
Mixed Fruit Cup
Whole Grain Graham Crackers

Tue

7

Whole Grain Breaded Chicken
Nuggets
BBQ Sauce Packet
Seasoned Green Beans
Mixed Fruit
Whole Grain Graham Crackers

14

Salisbury Steak Served with
Mashed Potatoes & Brown Gravy
Seasoned Green Beans
NY Style Whole Grain Garlic Knot
Pineapple Tidbits

Wed

1 Taco Salad

Taco Salad with Taco Meat, Corn, Black Beans, Shredded Cheese, Salsa, & Black Olives
Whole Grain Tortilla Chips
Mixed Fruit Cup

8 **BREAKFAST FOR LUNCH**

Whole Grain French Toast Sticks
Chicken Sausage Patties
Hash Brown Starz
Grape Juice
Baby Carrots w/ Ranch
Fresh Apple Slices

15

Bean, Cheese Burrito
Refried Beans
Salsa
Diced Pears

Thu

2

Whole Grain Breaded Chicken Patty
served with Whole Grain Hamburger
Bun
BBQ Sauce Packet
Seasoned Corn & Carrots
Vegetarian Baked Beans
Diced Peaches

9

Stuffed Cheese Breadsticks
Marinara Sauce
Mango Wango Juice
Fresh Apple Slices
Fresh Banana

16

Reduced Fat Mac & Cheese
Seasoned Carrots
Diced Peaches
Whole Grain Dinner Roll

Fri

3

Hungry Howie's Pizza
Tossed Salad w/ Ranch
Blueberry Parfait
Fresh Cherry Tomatoes
Cheddar Cheese stick
Fruit Punch

10

Hungry Howie's Pizza
Tossed Salad w/ Ranch
Sweet Cherry Parfait
Fresh Cherry Tomatoes
Cheddar Cheese stick
Fruit Punch

17

Last Day of School
**Half Day
Breakfast Only**

Sat



**CHOICE of
MILK
INCLUDED
WITH
LUNCH**

IMPORTANT

Due to nationwide food shortages and supply chain issues, menus are subject to change depending on availability.

EACH DAY COLD OPTIONS ARE OFFERED
TURKEY CHEF SALAD, VEGGIE CHEF SALAD, OR HAM CHEF SALAD
TURKEY & CHEESE SUB OR HAM & CHEESE SUB
ASSORTED FRUITS AND FRESH VEGETABLES OFFERED DAILY

Have a Safe and Healthy Break

